

WUSD Wellness Committee

Meeting Minutes

12/11/2019

Present: Erin Johnson, Denise Bergman, Jill Buckley, Cory Monesmith, Jeff Bjork,
Morgan Johnson (phone)
Next meeting: January 22, 2020 3:30 PM WUSD Board Room

The meeting commenced at 3:30 PM. Erin and Denise started the meeting by reporting on the webinar they took on the requirements for the Wellness Program and the areas we found that we must update in order to be in compliance.

First, we discussed our year three assessment and our realization that we must set more clear defined goals for the future. After comparing our policy to a “model policy” we may need to update or change our current policy in order to be compliant. Jeff will reach out to find out if our “Wellness Policy” must be a board approved policy or can we have an internal policy for Wellness?

We looked at our highlights for FY19 and our areas of growth for the future. These will help us fill out the Wellness Report Card that we must make available on the website.

The committee discussed the need for more committee members. We will reach out to the Principals to designate at least one rep from each campus. We will encourage them to be either PE, Culinary Arts, or Science teachers. We will advertise more for parents and community members by utilizing the “toolkit” provided on the website by the ADE. In addition we would like to have the Principals attend at least two of our Wellness meetings per year. Once at the beginning of the year to set goals and one at the end to discuss the results of those goals.

Our student rep was able to ask a peer group some of the likes/dislikes of the current menu choices being served. They were very responsive with several good ideas our FSMC could implement. The students indicated that even at the middle school level they would really enjoy more of the Farmer’s Markets and Roving Chef events.

The committee decided to meet again in January to discuss new goals for FY20. The principal’s will be invited to join this meeting and encouraged to designate other staff members to attend.

The meeting was adjourned at 5:00 PM